Leading Health Foundations Say Prevention is Vital to Health Systems Reform - PolicyLink



Successful programs highlighted in the letter include:

• In Bakerstield, Calif., a small group of local mothers – many of them Spanish-speaking farm workers – formed a walking group to improve their fitness and build community. With the help of police, parks officials, and the local Chamber of Commerce, the group cleaned up a long-neglected park and reported meaningful improvements in their health.

• In Somerville, Mass., the citywide Shape Up Somerville campaign helped bring the city healthier school food, safer routes to school, farmers markets, community gardens, and more nutritional restaurant options. Weight gain among first- through third-graders has already slowed.

• In Delaware, the statewide Make Delaware's Kids the Healthiest in the Nation campaign ensured that policies and practices in early education focus on healthy eating and physical activity as part of a comprehensive approach to positively impact childhood obesity where children live, learn, and play. For every dollar invested in the initiative, Delaware saw a \$4 savings in healthcare costs.

"Over time," the foundation leaders wrote, "a focus on community prevention will improve health, save money, reduce demands on our health system and, most important, lead to a nation of healthier people and healthier places to live."

About The Convergence Partnership In 2006, a collaboration of funders came together to create the Healthy Eating Active Living Convergence Partnership, with the shared goal of changing policies and environments to better achieve the vision of healthy people living in healthy places. The steering committee includes representatives from <u>The California Endowment</u>, <u>Kaiser Permanente</u>, <u>Nemours</u>, <u>The Kresqe</u> <u>Foundation</u>, <u>The Robert Wood Johnson Foundation</u>, and the <u>W.K. Kellogg Foundation</u>.

The Centers for Disease Control and Prevention serve as critical technical advisors on the committee. PolicyLink, a national research and action institute advancing economic and social equity, serves as program directors for the partnership. Prevention Institute, a national non-profit organization dedicated to improving community health and equity through effective primary prevention, provides policy research and analysis along with strategic support.

For more information, please visit www.convergencepartnership.org

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